

Knowing Better via Systems Thinking: Traditions and Contemporary Approaches

David Ing

Creative Systemic Research Platform Institute

(Ticino, Switzerland; Mora d'Ebre, Spain)

Systems Changes Learning Circle

(Toronto, Canada)

Universitat de Barcelona

October 10, 2022

Image CC-BY Mike Cassano (2009) Most Interesting Pothole



systemschanges.com, 2022



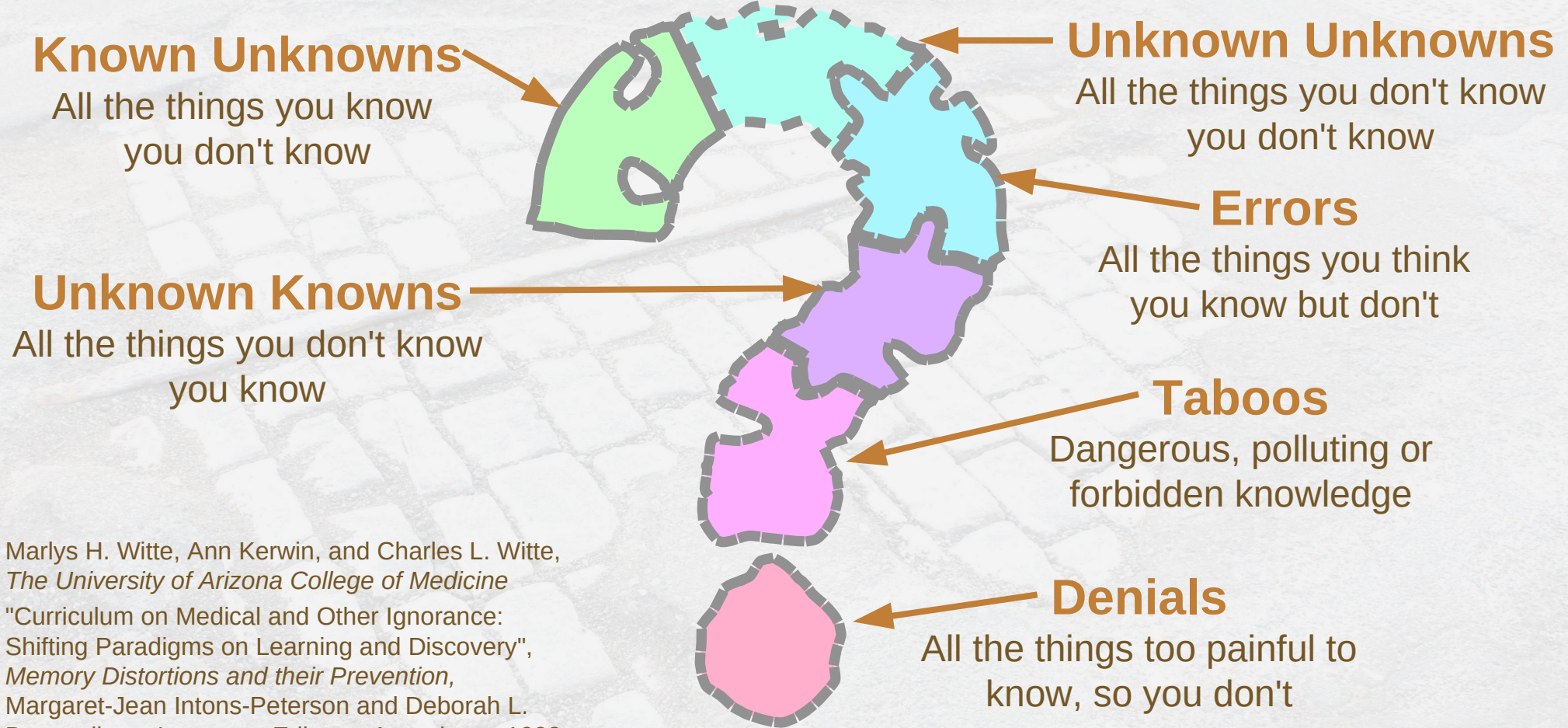
David Ing, Toronto, Canada

- Creative Systemic Research Platform, Research Fellow
- International Society for the Systems Sciences, President (2011-2012)
- IBM, 28 years (management consulting, market development, headquarters planning)
- University teaching:
Finland (AaltoU, Metropolia);
Canada (OCADU, UToronto);
PR China (TongjiU);
UK (UHull); Japan (TiTech)

Agenda

- A. Knowing better
- B. Systems thinking (one description)
- C. Traditions (some favoured)
- D. Contemporary approaches (in progress)
- E. Ongoing learning opportunities

The *Ignorance Map* cautions physicians against overconfidence



Marlys H. Witte, Ann Kerwin, and Charles L. Witte,
The University of Arizona College of Medicine
"Curriculum on Medical and Other Ignorance:
Shifting Paradigms on Learning and Discovery",
Memory Distortions and their Prevention,
Margaret-Jean Intons-Peterson and Deborah L.
Best, editors, Lawrence Erlbaum Associates, 1998

If they can get you asking the wrong questions, they don't have to worry about answers (Thomas Pynchon)

Type 1 error **False positive:**
finding a (statistical) relation that isn't real

Type 2 error **False negative:**
missing a (statistical) relation that is real

Type 3 error **Tricking ourselves:**
Unintentional error of solving wrong problems precisely
(through ignorance, faulty education or unreflective practice)

Type 4 error **Tricking others:**
Intentional error of solving wrong problems
(through malice, ideology, overzealousness, self-righteousness,
wrongdoing)

Ian I. Mitroff and Abraham Silvers. 2010. *Dirty Rotten Strategies: How We Trick Ourselves and Others into Solving the Wrong Problems Precisely*. Stanford University Press.

With known knowns in science eroding by systemic world changes, collective learning on why, how + when-where-whom gains value



<i>Colloquial description:</i>	Learning why	Learning how	Learning when, learning where, learning whom
<i>Pursuits:</i>	Uncovering universal truths	Instrumental rationality towards a conscious goal	Values in practice based on judgement and experience
<i>Primary intellectual virtue:</i>	Episteme	Techne	Phronesis
<i>Translation / interpretation:</i>	Science (viz. epistemology)	Craft (viz. technique)	Prudence, common sense
<i>Type of virtue:</i>	Analytic scientific knowledge	Technical knowledge	Practical ethics
<i>Orientation:</i>	Research	Production	Action
<i>Nature:</i>	Universal	Pragmatic	Pragmatic
	Invariable (in time and space)	Variable (in time and space)	Variable (in time and space)
	Context-independent	Context-dependent	Context-dependent

[1] Ing, David, Minna Takala, and Ian Simmonds. 2003. "Anticipating Organizational Competences for Development through the Disclosing of Ignorance." In Proceedings of the 47th Annual Meeting of the International Society for the System Sciences. Hersonissos, Crete.
http://systemicbusiness.org/pubs/2003_ISSS_47th_Ing_Takala_Simmonds.html

Agenda

A. Knowing better

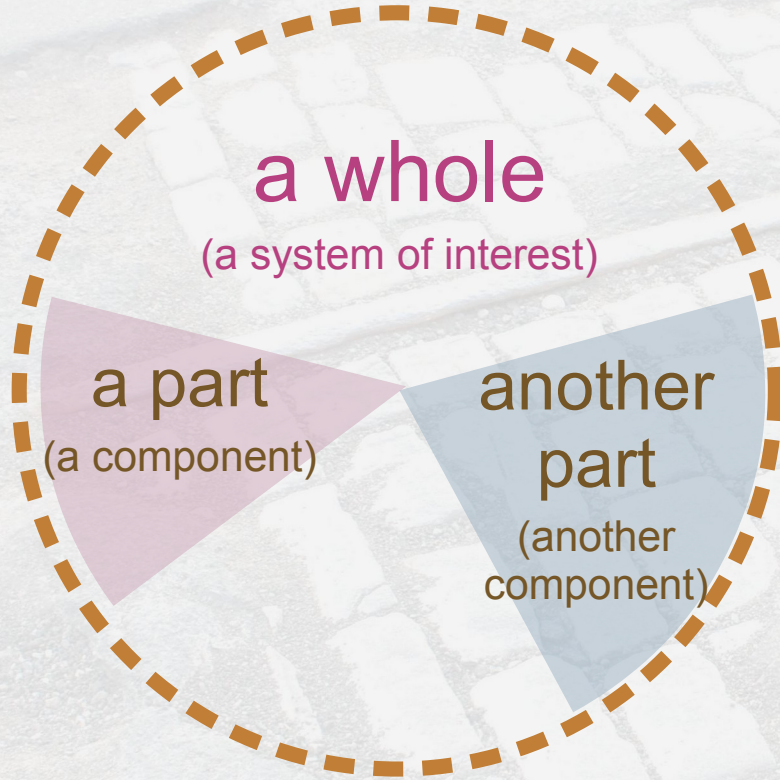
B. Systems thinking (one description)

C. Traditions (some favoured)

D. Contemporary approaches (in progress)

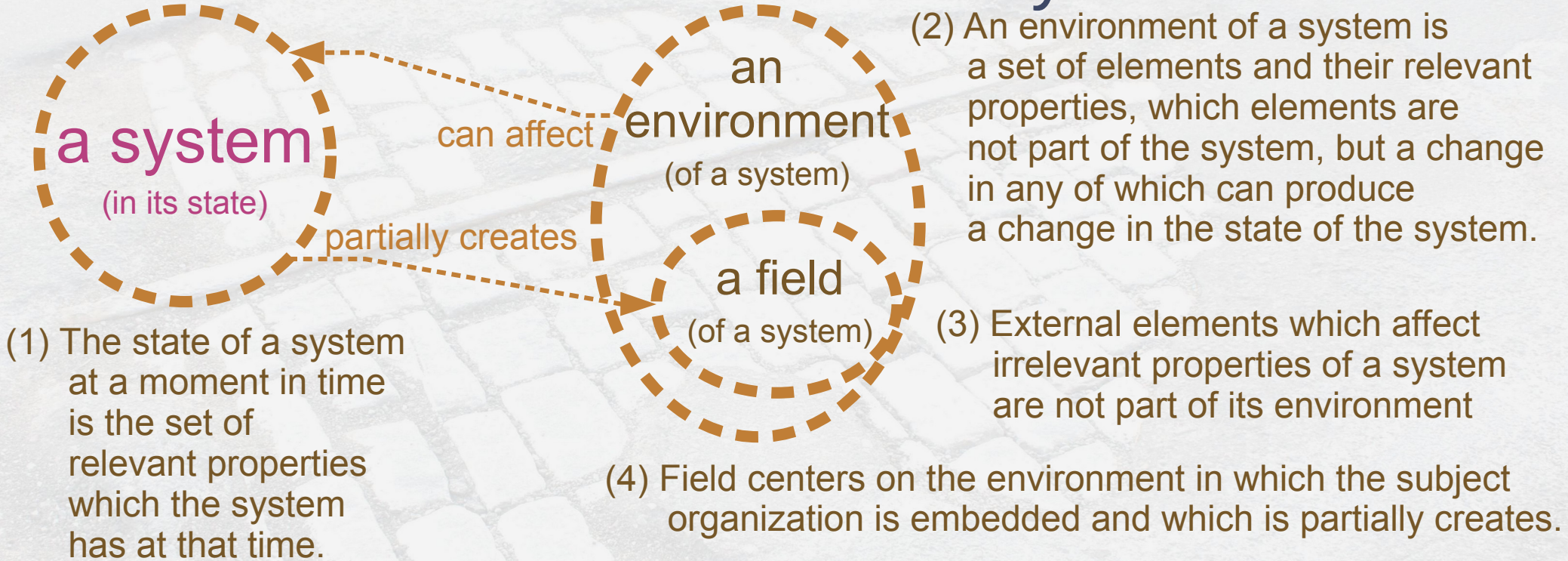
E. Ongoing learning opportunities

A system is a whole that cannot be divided into independent parts



- (1) Every part of a system has properties that it loses when separated from the system.
- (2) Every system has some properties – its essential ones – that none of its parts do.

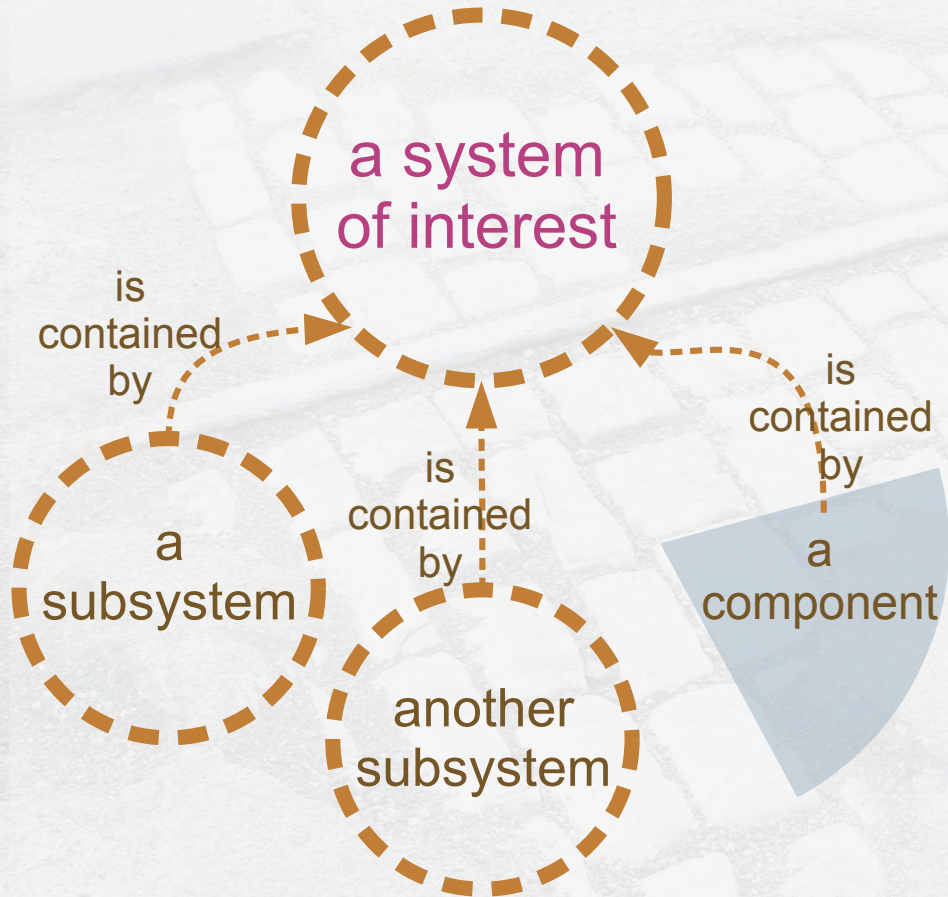
An environment of a system consists of all variables which can affect the system's state



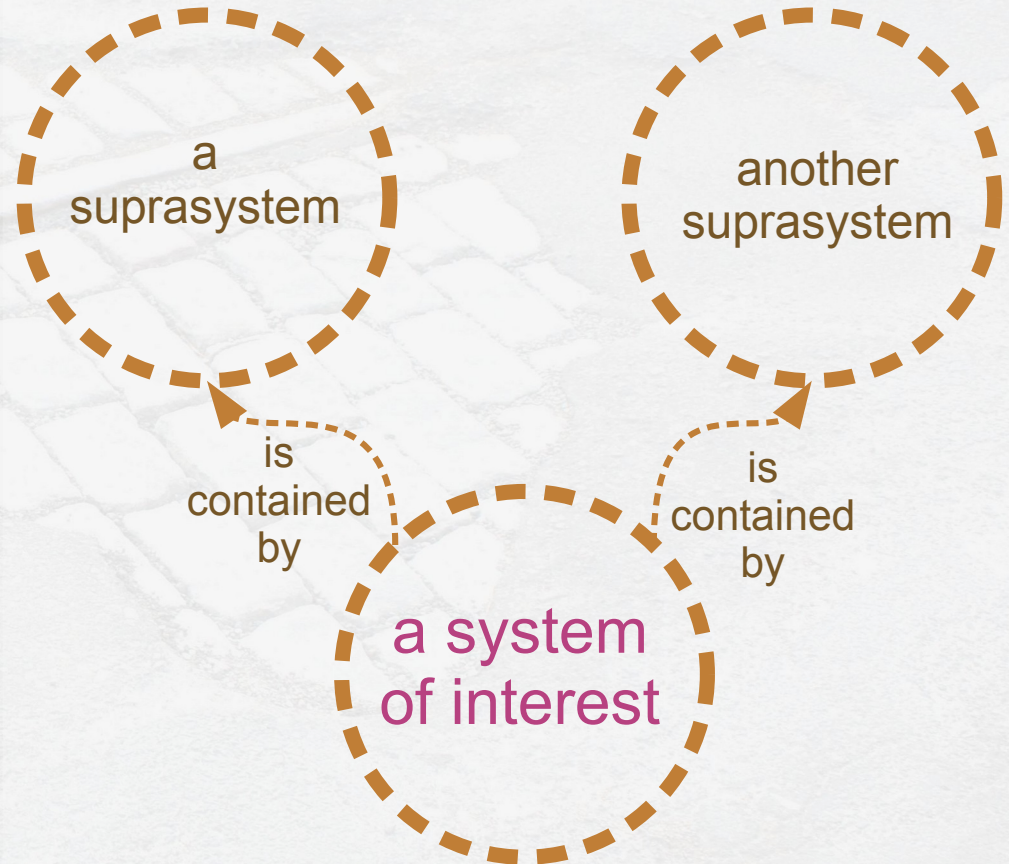
Ackoff, Russell L. 1971. "Towards a System of Systems Concepts." *Management Science* 17 (11): 661–671, (pp. 662-663)

Trist, Eric L. 1992. "Andras Angyal and Systems Thinking." In *Planning for Human Systems: Essays in Honor of Russell L. Ackoff*, edited by Jean-Marc Choukroun and Roberta M. Snow, 111–32. University of Pennsylvania Press. (p. 127)

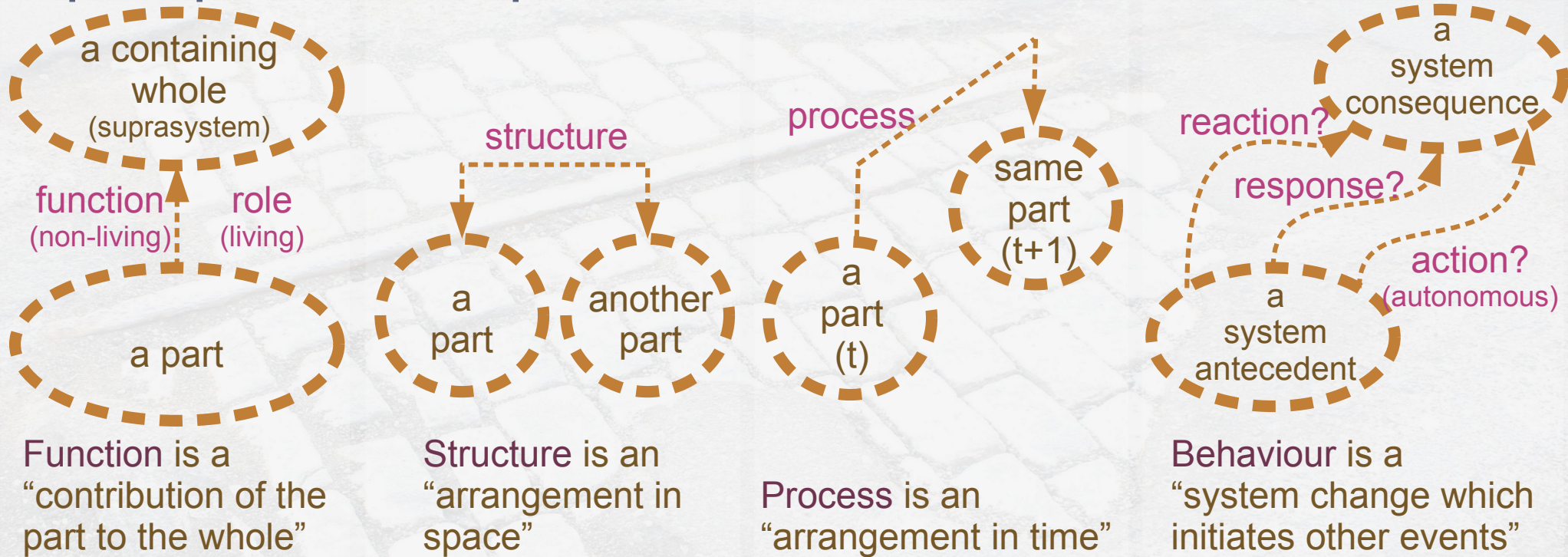
A system can contain subsystems or components



A system can be contained by multiple suprasystems



Systems thinking is a perspective on parts, wholes, and their relations



Ing, David. 2013. “Rethinking Systems Thinking: Learning and Coevolving with the World.” *Systems Research and Behavioral Science* 30 (5): 527–47.

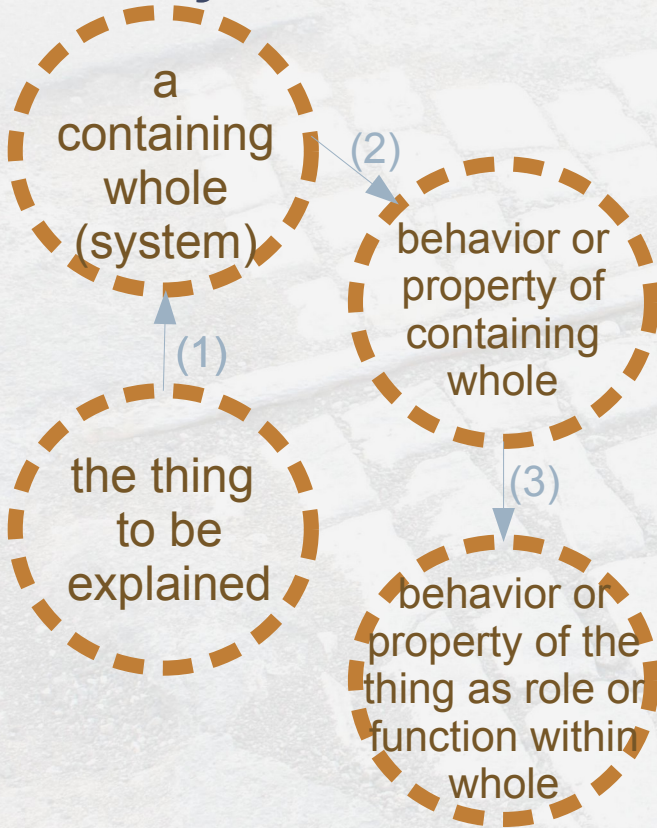
Gharajedaghi, Jamshid. 1999. *Systems Thinking: Managing Chaos and Complexity: A Platform for Designing Business Architecture*. Elsevier

Ackoff, Russell L. 1971. “Towards a System of Systems Concepts.” *Management Science* 17 (11): 661–671.

In authentic systems thinking, synthesis precedes analysis and the containing whole is appreciated

Synthesis precedes analysis

1. Identify a **containing whole** (system) of which the **thing to be explained** is a part.
2. Explain the **behavior or properties** of the **containing whole**
3. Then explain the **behavior or properties** of the **thing to the explained** in terms of its **role(s) or function(s)** within its containing whole.



Ackoff, Russell L. 1981. *Creating the Corporate Future: Plan or Be Planned For*. New York: John Wiley and Sons, p. 16

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There are the historical traditions of systems thinkers, from which we favour 3 categories, and add new sources

Early cybernetics

Gregory Bateson (1904-1980)
Norbert Wiener (1894-1964)
Warren McCulloch (1898-1969)
Margaret Mead (1901-1978)
W. Ross Ashby (1903-1972)

Soft & critical systems

C. West Churchman (1913-2004)
Russell Ackoff (1919-2009)
Peter Checkland (1930-)
Werner Ulrich (1948-)
Michael C. Jackson (1951-)

Complexity theory

Ilya Prigogine (1917-2003)
Stuart Kauffman (1939-)
James Lovelock (1919-)

General systems theory

Ludwig von Bertalanffy (1901-72)
Kenneth Boulding (1910-1993)
Geoffrey Vickers (1894-1983)
Howard Odum (1924-2002)

Learning systems

Kurt Lewin (1890-1947)
Eric Trist (1911-1993)
Chris Argyris (1923-2013)
Donald Schön (1930-1997)
Mary Catherine Bateson (1939-)

Later cybernetics

Heinz von Foerster (1911-2002)
Stafford Beer (1926-2002)
Humberto Maturana (1928-)
Niklas Luhmann (1927-1998)
Paul Watzlawick (1921-2007)

System dynamics

Jay Forrester (1918-2016)
Donella Meadow (1941-2001)
Peter Senge (1947-)

Source: Ramage, Magnus, and Karen Shipp. 2020. "Introduction to the First Edition." In *Systems Thinkers*, edited by Magnus Ramage and Karen Shipp, xiii–xx. Springer London. <https://doi.org/10.1007/978-1-4471-7475-2>, p. xvii

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Michael C. Jackson (1951-)

Complexity theory

Ilya Prigogine (1917-2003)
Stuart Kauffman (1939-)
James Lovelock (1919-)

Ecological anthropology

J.J. Gibson (1904-1979)
Tim Ingold (1948-)

Postcolonial & Chinese philosophy of science

Keekok Lee (1938-)
François Jullien (1951-)
John Law (1946-)

General systems theory

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Eric Trist (1911-1993)
Chris Argyris (1923-2013)
Donald Schön (1930-1997)
Mary Catherine Bateson (1939-)

Service science

Richard Normann (1953-2003)
James C. Spohrer (1956-)
Gary S. Metcalf (1957-)

Later cybernetics

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Stafford Beer (1926-2002)
Humberto Maturana (1928-)
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Donella Meadow (1941-2001)
Peter Senge (1947-)

Practice theory

Hubert Dreyfus (1929-2017)
C. Fernando Flores (1943-)
Étienne Wenger (1952-)

Systemic design

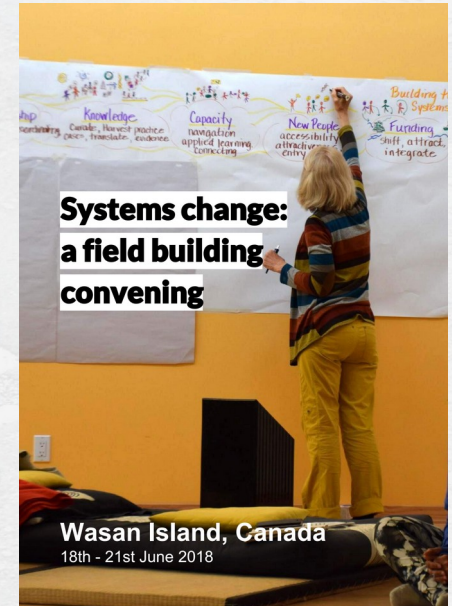
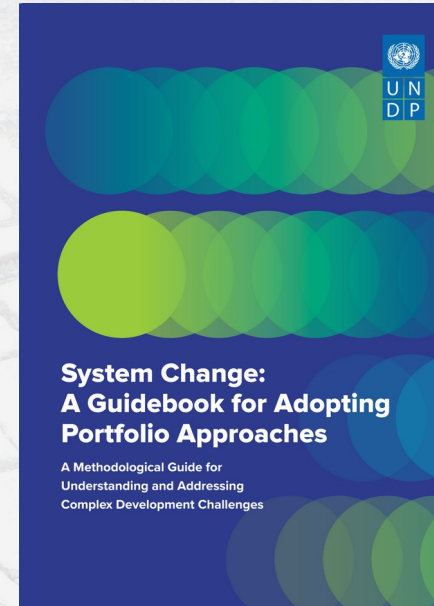
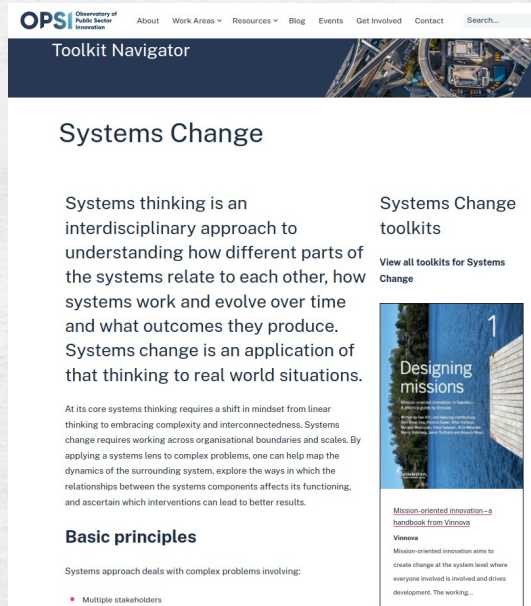
Harold G. Nelson (1943-)
Birger Sevaldson (1953-)
Peter H. Jones (1957-)

Source: Ramage, Magnus, and Karen Shipp. 2020. "Introduction to the First Edition." In *Systems Thinkers*, edited by Magnus Ramage and Karen Shipp, xiii–xx. Springer London. <https://doi.org/10.1007/978-1-4471-7475-2>, p. xvii

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Which is/are system(s) change(s) c.f. *not* system(s) change(s)?



OECD Observatory of Public Sector Innovation
“... (rare) use” by governments of systems approaches towards making public services more effective and resilient”
(Cook & Tönurist, 2017, p. 4).

Stanford Social Innovation Review
... a way for “policymakers, foundations, NGOs, and social enterprises tackling issues like poverty, preventable disease and poor education” to “solve the root causes” of these intractable problems
(Seelos & Mair, 2018, p. 35).

United Nations Development Programme
... a three phase methodology: (i) sense and frame; (ii) engage and position; and (iii) transform (Wellsch, 2022, p. 1)

Forum for the Future + McConnell Foundation
“What is systems change?”
“... asked people attending and unable to attend to offer their definitions of systems change”
(Birney & Riddell, 2018, p. 5)

“Change as Three Steps” as attributed to Kurt Lewin is a “largely post-hoc reconstruction”; he never wrote “refreeze”

[Change as Three Steps] has come to be **regarded** both as an **objective self-evident truth** and an idea with a **noble provenance** [p. 3]

unfreeze → change → refreeze

Lewin never wrote ‘refreezing’ anywhere.

As far as we can ascertain, the **re-phrasing of Lewin’s freezing to ‘refreezing’** happened first in a 1950 conference paper by **Lewin’s former student Leon Festinger**

(Festinger and Coyle, 1950; reprinted in Festinger, 1980: 14).

Festinger said that: ‘To Lewin, life was not static; it was changing, dynamic, fluid. Lewin’s unfreezing-stabilizing-refreezing concept of change continues to be highly relevant today’.

It is worth noting that Festinger’s first sentence seems to **contradict** the second, or at least to contradict later interpretations of Lewin as the developer of a model that deals in static, or at least clearly delineated, steps.

Furthermore, Festinger **misrepresents** other elements; **Lewin’s ‘moving’ is transposed into ‘stabilizing’**, which shows how open to interpretation Lewin’s nascent thinking was in this ‘preparadigmatic’ period (Becher and Trowler, 2001: 33). [p. 5]



Unfreezing change as three steps
| Sage Publishing | Youtube

Unfreezing change as three steps: Rethinking Kurt Lewin's legacy for change management

Stephen Cummings
Victoria University of Wellington, New Zealand

Todd Bridgman
Victoria University of Wellington, New Zealand

Kenneth G Brown
University of Iowa, USA

Abstract

Kurt Lewin's 'changing as three steps' (unfreezing → changing → refreezing) is regarded by many as the classic or fundamental approach to managing change. Lewin has been criticized by scholars for over-simplifying the change process and has been defended by others against such charges. However, what has remained unquestioned is the model's foundational significance. It is sometimes traced (if it is traced at all) to the first article ever published in *Human Relations*. Based on a comparison of what Lewin wrote about changing as three steps with how this is presented in later works, we argue that he never developed such a model and it took form after his death. We investigate how and why 'changing as three steps' came to be understood as the foundation of the fledgling subfield of change management and to influence change theory and practice to this day, and how questioning this supposed foundation can encourage innovation.

Keywords

CATS, changing as three steps, change management, Kurt Lewin, management history, Michel Foucault

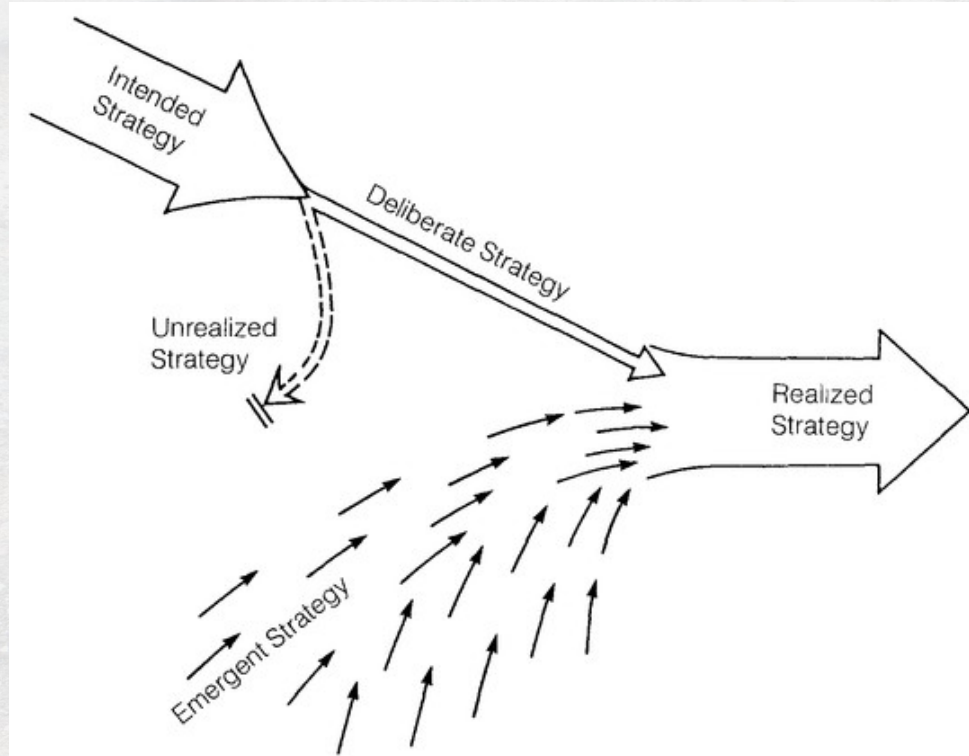
Corresponding author:

Stephen Cummings, Victoria Business School, Victoria University of Wellington, Wellington, New Zealand.
Email: stephen.cummings@vuw.ac.nz

Downloaded from hcr.sagepub.com at Victoria Univ of Wellington on September 20, 2015

Cummings, Stephen, Todd Bridgman, and Kenneth G Brown. 2016. "Unfreezing Change as Three Steps: Rethinking Kurt Lewin's Legacy for Change Management." *Human Relations* 69 (1): 33–60. <https://doi.org/10.1177/0018726715577707>.

In contrast to strategy as *plan*, strategy as *pattern* in a stream of actions is defined by consistency in behavior, whether or not intended



To paraphrase Hume, strategies may result **from human actions**, but **not human designs**.

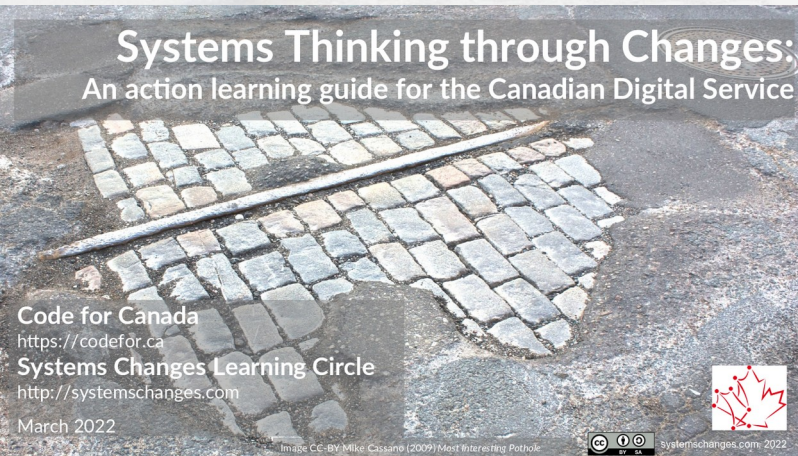
If we label the first definition **intended strategy** and the second **realized strategy**, as shown in Figure 1, then we can distinguish between **deliberate strategies**, where intentions that exists previously were realized, from **emergent strategies**, where patterns developed in the absence of intentions, or despite them (which went **unrealized**).

Mintzberg, Henry. 1987. "The Strategy Concept I: Five Ps For Strategy." *California Management Review* 30 (1): 11–24. <https://doi.org/10.2307/41165263> .

Three works in 2022 reflect the current (i) doing, (ii) thinking, + (iii) making, in year 4 of 10 for the Systems Changes Learning Circle

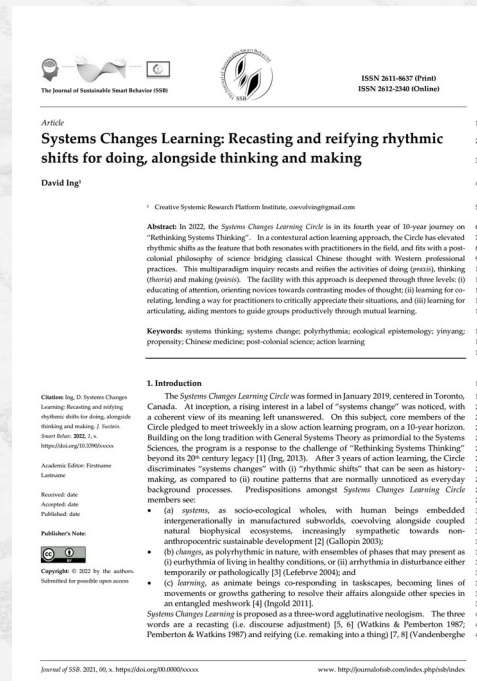
<http://systemschanges.com/online/presentations>

<http://coevolving.com/commons/publications>



http://systemschanges.com/online/presentations/20220304_cfc

<http://coevolving.com/commons/20220304-systems-thinking-through-changes>



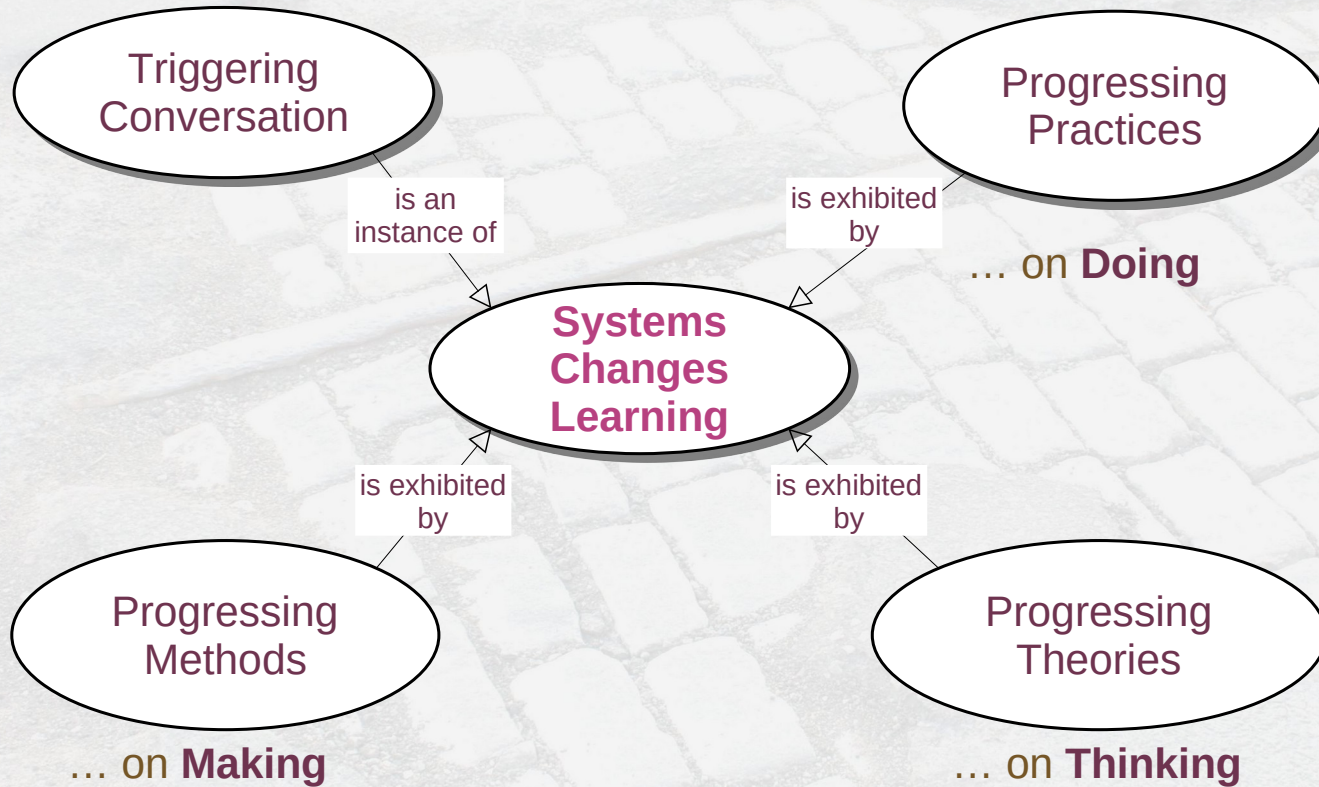
<http://coevolving.com/commons/2022-07-recasting-and-reifying-rhythmic-shifts>



<http://coevolving.com/commons/2022-07-08-appreciating-systems-changes>

Systems Changes Learning initiated with Triggering Conversation exhibits

(i) Doing (practices), (ii) Thinking (theories), + (iii) Making (methods)



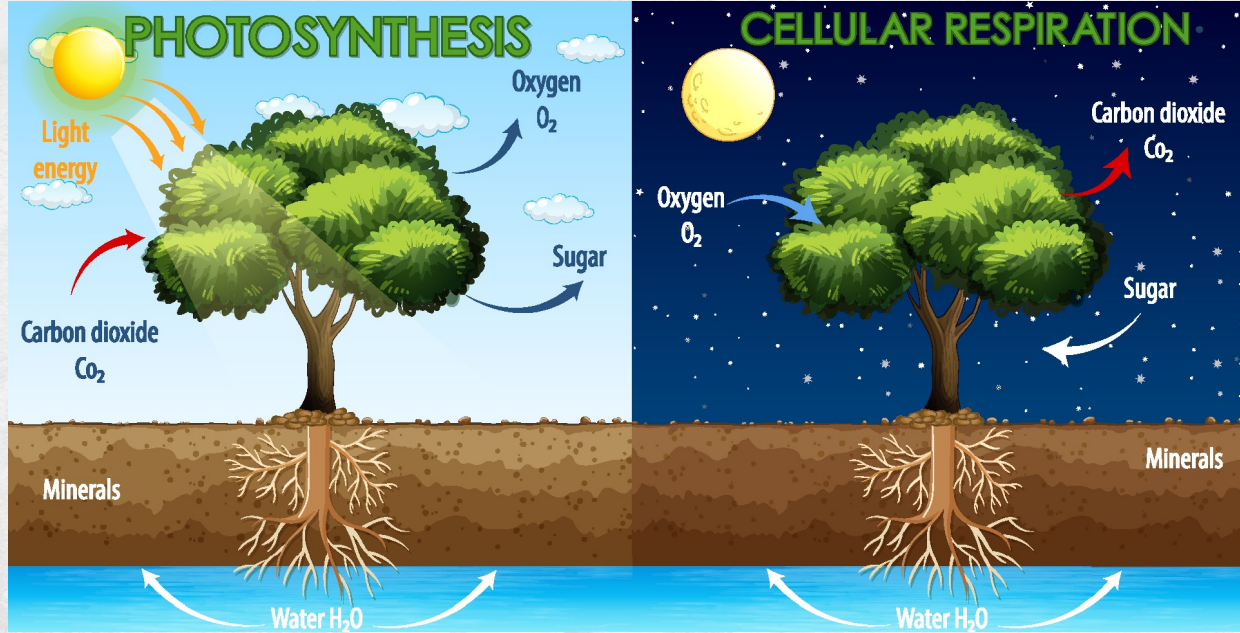
Object Process Language

- *Systems Changes Learning* is physical and systemic.
- *Triggering Conversation* is physical and systemic.
- *Triggering Conversation* is instance of *Systems Changes Learning*,
- *Systems Changes Learning* exhibits *Progressing Practices*, *Progressing Theories*, and *Progressing Methods*.
- *Progressing Practices* is physical and systemic.
- *Progressing Theories* is informational and systemic.
- *Progressing Methods* is informational and systemic.

With authentic systems thinking, synthesis precedes analysis

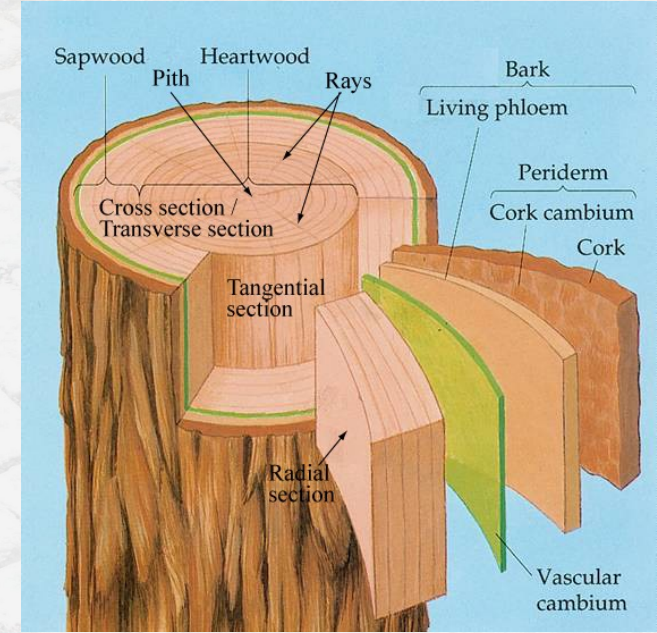
Thinking *synthetically*

- Placing together parts into wholes



Thinking *analytically*

- Loosening from wholes into parts

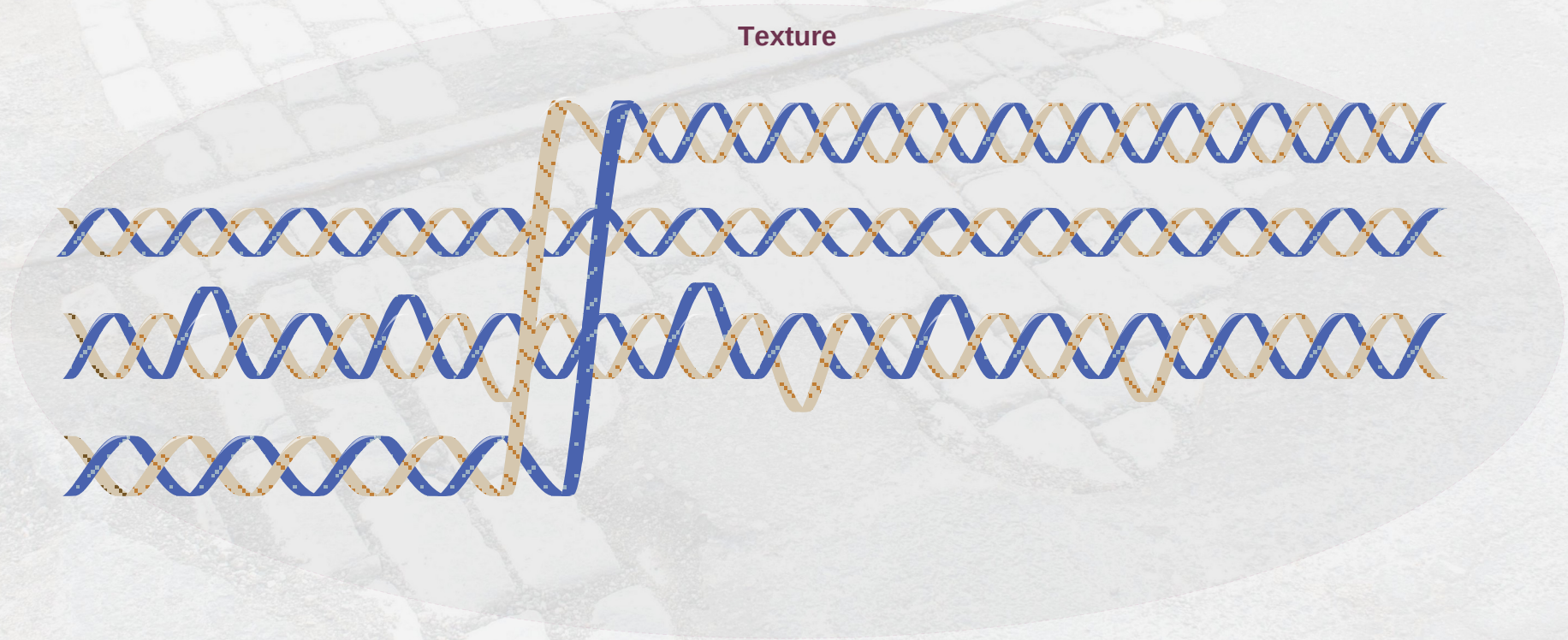


"A cut-through of a tree trunk" CC-BY-NC-SA
University of Cambridge 2004

Systems Changes Learning adds ... thinking *dyadically* ... over time

- e.g. the sun *waxing* (increasing in strength) and *waning* (decreasing in strength)
- Dyadic (yinyang waxing and waning) is not dualistic (e.g. sun, no sun)

Our attention is drawn to rhythmic shift(s) in the texture, as the line of the system of interest crosses over co-related systems of influence

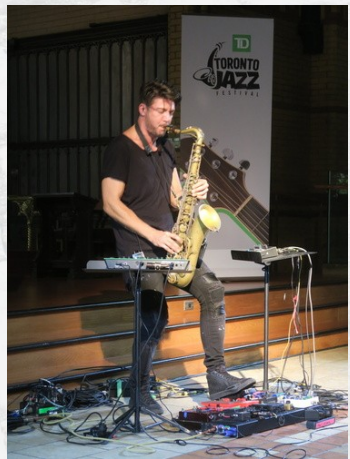


Rhythms of a living system of interest weave into a contexture of co-related systems of influence



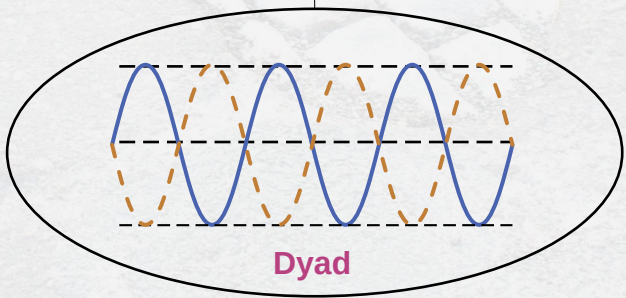
"Joseph Shabason at The Redeemer", CC-BY David Ing 2018

"Giom Perret at The Redeemer", CC-BY David Ing 2018



Contexture

consists of
(has)



"David Occhipinti + Mike Murley at The Drake", CC-BY David Ing 2008

Mechanisms \Rightarrow causality in conditions. Living systems \Rightarrow propensity in conditions

Water skiing, motion via causality

- Motorboat towing

"Water Skier – Ibiza" CC-BY Mark Wordy (2018)

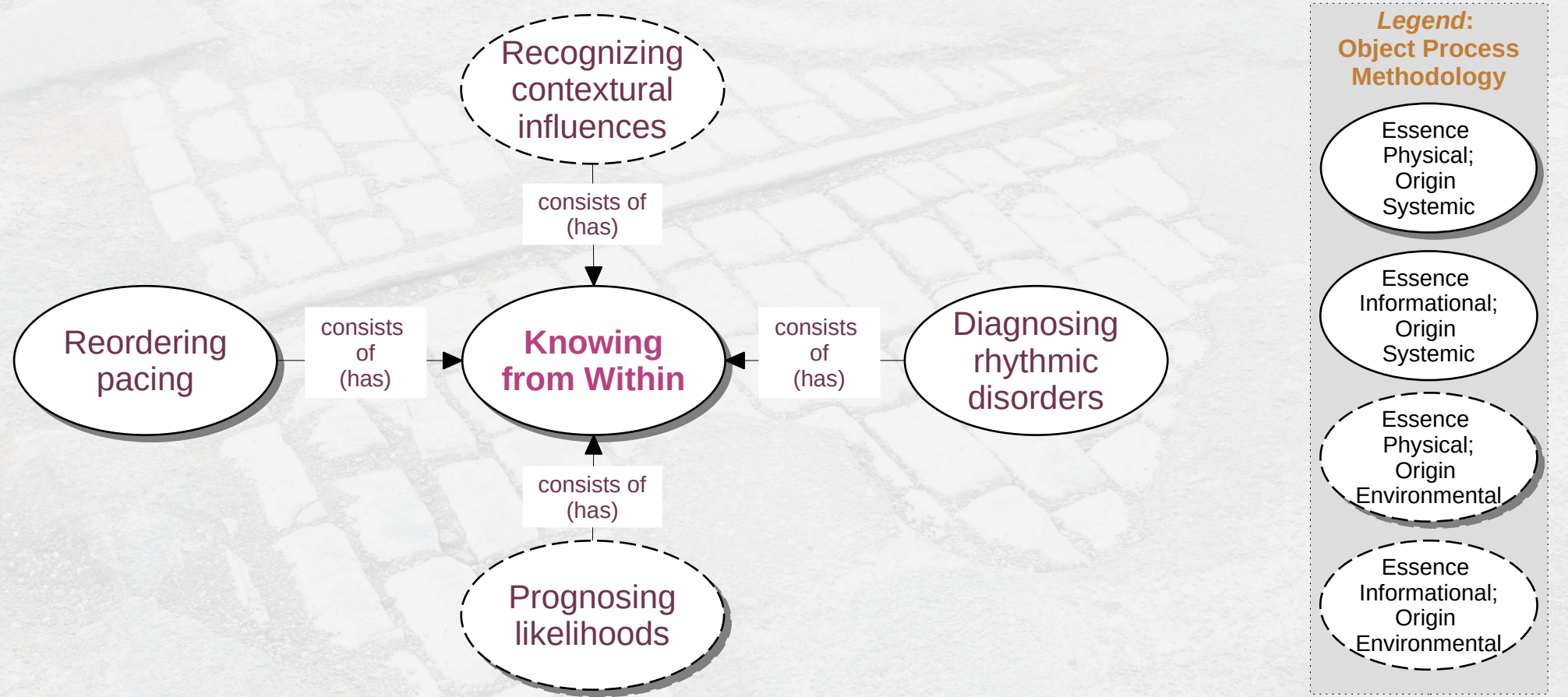


"Jax Beach Pier Surfers" CC-BY Ron Bixby (2012)

Surfing, motion via propensity

- Waves in the ocean
- Surfer on the board

Systems Changes Learning centers on a hub of *knowing from within*, appreciated through a cycle of learning along four spokes



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Centered in Toronto, the Systems Changes Learning Circle originates from CSI, OCADU SFI and Systems Thinking Ontario



David Ing

[linkedin.com/in/
daviding/](https://www.linkedin.com/in/daviding/)



Dan Eng

[linkedin.com/in/
daneng/](https://www.linkedin.com/in/daneng/)



Kelly Okamura

[linkedin.com/in/
kelly-okamura/](https://www.linkedin.com/in/kelly-okamura/)



Zaid Khan

[linkedin.com/in/
zaid---khan/](https://www.linkedin.com/in/zaid---khan/)

Creative Systemic Research Platform Institute

is an institution aiming to promote research and development of non-profit projects. We focus on investigating the skills needed for Community Resilience, supported by ecological practices and systemic and creative learning.

Existing since 2017 as a non-profit research group, we evolved in December 2020 into the CSRP Institute.

[More about](#)[Contact us](#)




The screenshot shows the OpenLearning mobile application. At the top, there's a header bar with the "OpenLearning" logo and a green checkmark icon. Below the header is a search bar with a magnifying glass icon and the placeholder text "Find channel". The main content area displays a list of channels, each represented by a circular icon with a letter 'C' and a specific color/pattern. The channels listed are "Systems Aesthetics", "Systems Changes" (highlighted), "Systems Thinking", "Trito3", and "Wiki". Below these channels is a section titled "DIRECT MESSAGES" with a dropdown arrow on the left and a plus sign on the right. This section contains a list of direct messages from users, each with their profile picture (a small circle) and name: antlerboy, kellyo2, zaid_khan, robert_best, daneng, j3rry, nizken, jelena, rarar, jpovaska, m.s.elshimi, mikewittenstein, and jimscarver.

Systems Changes

☆

2

Casual chat CC-BY-SA, extending <http://systemschange...>



daviding

Update your status


9:42 AM

In a review of the Stewart Brand biography, we might recognize an emerging journalist who fell into systems thinking and has been in the right place at the right time. The review may be seen as negative, but maybe it's worth remembering that public figures are human beings, too.

“ Brand’s next big idea combined his receding interest in photography with his increasing interest in “systems thinking,” a shift from his Randianism to the faddish work of architectural theorist Buckminster Fuller. On one 1966 acid trip, Brand was struck by an idea: Why hadn’t NASA released

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COOPERATING AT GLOBAL SCALE IS HUMANITY'S PRIMARY CHALLENGE

Cooperating-at-scale is mission critical to pursuing the **sustainable development goals**. We're a cooperative dedicated to nurturing trustworthy technology and organizing principles for cooperating-at-scale, and such recursion is a property of the natural systems that inspire us.

Coevolving Innovations

... in Business Organizations and Information Technologies

Christopher Alexander, Horst Rittel, C. West Churchman

At U.C. Berkeley in the 1960s, [Christopher Alexander](#), [Horst Rittel](#) and [C. West Churchman](#) could have had lunch together. While disciplinary thinking might lead novices to focus only on each of [pattern language](#), [wicked problems](#) and [the systems approach](#), there are ties (as well as domain-specific distinctions) between the schools.



Circa 1968-1970: Christopher Alexander, Horst Rittel, West Churchman

Recent Posts

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- [Learning data science, hands-on](#)
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Anshansicun: Whimsically residential area,... [bit.ly/2jU](#)



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Image CC-BY Mike Cassano (2009) *Most Interesting Pothole*